



BEACH HUT MENU

WELCOME

Welcome to our little cafe, The Beach Hut. We are predominantly a Seafood daytime cafe owned by Jon & Emma Guy. This is our 11th season.

We don't cook, we marinade, we mix flavours and select great ingredients. Our menu was born from our love of the Mediterranean. We don't fry or griddle. It's all about fresh ingredients here at The Beach Hut

So sit and enjoy the view. Watch the waves. Go for a paddle. Enjoy our lovely beach. At key moments there will be a delay on food as our kitchen is small. If you are in a hurry, need to dash to catch a ferry, then please come back another time when you can sit, relax and enjoy your time with us.

Kids

Kids are welcome at our cafe during daytimes. Please keep an eye on them and accompany them to the toilet as there is a gate to the footpath in that area.

Ordering

Please make a note of your table number and place order down at the ice cream hut on the lower level. Your food and drinks will be brought out to you. Please note all food comes out together light bites and mains.

Dogs

Dogs are welcome in our cafe on the lower gravel area. We have provided dog hooks. Please help yourself to dog bowls and water from the dog bar by the entrance. Please keep dogs on leads at all times.

BILLS

You are welcome to run a tab. If you move tables, please **let our team know immediately**. That way

saves much confusion when your food and drink is brought out!

PRICES

Like us all, we have faced rising costs for every element of our business. This means we have had to cost our food in line with these costs. On some foods we simply cannot reach the margin we need. So please can we ask you to bear this in mind. Seafood is expensive. Lobster and Crab are expensive. We ask that you consider this before ordering.

Toilets

Located up on the upper bar level. Walk past the bar and through the door covered in greenery.

Food Allergy or Intolerance?

If you have a food allergy, intolerance, or coeliac disease – please **WHEN YOU ORDER** ask for a list of ingredients in your food and drink. We cannot guarantee there will not be cross-contamination of allergens as our kitchen is small and open. Should you have a **SEVERE ALLERGY** to any of the 14 allergens we cannot keep you safe. We ask that you try another venue.

Gluten free

No problem, but do let us know **WHEN YOU ORDER**. We will substitute our Ciabatta bread and our salad dressing.

Non seafood, Vegan, Vegi

We are predominantly a Seafood café. Our menu reflects this. Our biggest food wastage is from our vegi and vegan dishes. Each week it is our lowest selling dish. This is because we are a Seafood cafe and the majority of our guests come for our seafood. However you are not forgotten, we do have a small selection.

Forelands Beach, Forelands Field Road, Bembridge, Isle of Wight, PO35 5TR

Telephone: 01983 874270 | www.thebeachhutbembridge.co.uk |  [thebeachhutbembridge](https://www.facebook.com/thebeachhutbembridge)



BEACH HUT MENU

LUNCH MENU Served 12 – 3pm

ABOUT OUR FISH We work hard to use good fish suppliers. We buy in hand-picked local crab from a highly reputable local fishing family & processor. This is a natural product and will on occasion have shell in it. Crevettes are giant prawns. They are not fished locally. They will require peeling. Scottish Smoked salmon on occasion may have a bone in it. Fresh water prawns are not local either. Our Crevettes, Anchovies and Smoked Trout is sourced from J&B fisheries in Freshwater. We are predominantly a seafood café, our menu does reflect this.

All our meals come out together (light bites & mains). You are welcome to order in stages.

NIBBLES

Olives, peppers, falafals & hummus.

Designed for two to share £15.00

A little plate of olives, homemade red pepper & tomato tapenade, falafels and roasted red peppers. Served with croutons and bread

LIGHT BITES

Our zingy prawn cocktail £15.00

Our house zingy prawn cocktail on top our house salad. Served with bread.

Smoked Salmon pate £12.00

A little pot of our homemade smoked salmon pate made with our own secret recipe. Served with bread.

Creamy Garlic Mushrooms (V) £15.00

Yummy mushrooms in our creamy sauce with mustard and tarragon.

Served on toasted Ciabatta.

SEAFOOD PLATTER* £75.00

Our Speciality! (shared between two) A bit of everything....

2 pots of local handpicked crab

2 mini prawn cocktails

Scottish Smoked Salmon

Crevettes

Homemade Salmon pate

Smoked Trout

Anchovies

Bucket of sliced ciabatta, salad & dips

(*bear with us if we run out of any of our lovely fishy bits, We will always try to make up an equally great platter with whatever fish we have for the same value)

Please note our Seafood Platter is dairy led. We cannot offer this as a non dairy option.

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SEAFOOD SPECIALS

Smoked Salmon & Crab Salad £22.00

Our lovely salad bowl topped with smoked salmon & handpicked local crab meat & a pot of lemon crème fraîche

Smoked salmon & our zingy tiger prawn mayo salad bowl £22.00

Served with bread.

Seafood Trio £27.00

Smoked trout fillet with horseradish crème fraîche, a mini prawn cocktail and cold crevettes and garlic mayo. Served with salad garnish & a pot of lemon crème fraîche.

CIABATTAS

All served with a handful of crisps

Zingy Prawn Mayo £15.00 - our tiger prawn mayo zingy mix, leaves & cucumber.

Scottish smoked salmon £10.00, crushed avocado, leaves and cucumber

BLT Ciabatta £9.00 - Leaves, mayo, tomatoes & crispy bacon.

BABY BEACH HUT KIDS PICNIC £6.00

Served with a bag of pom bears, a chocolate bar, a satsuma, a little pot of cucumber & tomato, a carton of blackcurrant drink, colouring pencils and activity sheet.

(We do offer this for younger children. Not adults after a cheaper meal!).

Choose from:

Kids mini cheese & tomato pizza or Cheese or Smoked salmon sandwich

SWEET TREATS

Warmed Waffle £7.00

A warmed Belgium style waffle. Topped with a couple of scoops of vanilla ice cream, homemade berry compote, fresh strawberries & whipped cream. All finished with chocolate sauce. (GF version is available, but it's a little smaller)

Warmed Chocolate Brownie with whipped double cream (GF) £5.50

finished with chocolate sauce and a strawberry (GF)

Beach Hut Eton Mess (GF) £7.00

Crumbled meringue, whipped cream and mascarpone, vanilla, homemade summer berry compote and fresh strawberries. Part of your 5 a day...mmm!

Ice creams & choc ices

Fancy something a little bit more restrained, then please pop to our ice cream hut to see what's on offer today.

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